

South Lincolnshire Blind Society is a local charity which supports people who are visually impaired living in the South Lincolnshire area.

We work closely with you to discuss any issues you face to fully understand your needs, and then draw up an individual plan which details the services and support which could help you.

We accept self-referrals as well as those from family, friends, local authorities, care homes and healthcare professionals—as long as we have the person's consent and they live in the South Lincolnshire area

- Do you find it difficult moving safely around your home?
- Do you have concerns about using public transport?
- Do you feel isolated?
- Do you find it difficulty reading the newspaper or the instructions on your medicine?
- . Is there an activity you love but feel like you can no longer do?

At South Lincolnshire Blind Society we understand that a visual

impairment can impact many aspects of your everyday life and we are here to support you.

#### **Low Vision Services**

Maximising remaining vision through magnification, lighting advice and reading techniques.

## Welfare Rights

Ensuring you claim the benefits you are entitled to

## Vision Rehabilitation

Helping you maintain your safety and independence

# Enablement

Supporting you at home by assessing your needs

## **Vision Support**

Practical solutions to make your daily activities easier

## My Sight, My Future

Helping you adapt and plan for your future.

#### Community

We offer social, leisure and group activities, employment support, skills training, volunteering opportunities and peer support.

## Our helpline is open Monday – Friday 9am – 5pm 01476 592775









